

Tai Chi with Evie

www.taichiwithevie.com



A meditative dance-like exploration
of Yang style Tai Chi
to promote mind-body wellness

Monday (All level) 5:45 - 6:45 pm

Saturday (Beginner) 12:30 - 1:30 pm

Next session Jan. 2nd - Feb. 11

6 Classes \$60

Akasha Yoga Center

121 North Main Street

Crystal Lake, IL

Register with Evie at 815-276-5065

(Pre-registration preferred)