

# Tai Chi with Evie

[www.taichiwithevie.com](http://www.taichiwithevie.com)



A meditative dance-like exploration  
of Yang style Tai Chi  
to promote mind-body wellness

Monday (All level) 5:45 - 6:45 pm

Saturday (Beginner) 12:30 - 1:30 pm

Next session APR 30 – JUN 17

(no class 5/27 & 5/29 Memorial Day)

**No Class on Saturday, June 3rd**

**Akasha Yoga Center**

121 North Main Street

Crystal Lake, IL

Register with Evie at 815-276-5065

(Pre-registration preferred)