

# Partner Yoga

with Kelly & Katie

Enjoy yoga with a partner – spouse, special friend, or relative. We'll use mutually beneficial poses and conscious breathing to develop trust, communication, a sense of joy and playfulness.

Come for this partner centered asana, stay for tea and chocolate. Half of the proceeds will go to the Children's Scholarship Fund.

Friday, February 9th

7:00 – 8:30pm

Members \$10

Guests \$20

**Partners are any two people who want to share in yoga!**

Please check our website, visit our studio or call for more information.  
Pre-registration and payment gladly accepted

121 N. Main St.  
Crystal Lake, IL

**A K A S H A**  
Yoga • Healing Arts • Education

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